



## Chris Thrutchley, SPHR, SHRM-SCP



Chris Thrutchley is a Shareholder at GableGotwals. For more than 30 years, he has counseled employers regarding best labor and employment law practices and has successfully defended employers in labor and employment disputes (arbitration, litigation, administrative proceedings) around the country. As a result, Chris has earned numerous prestigious honors. Highlights include—

- **AV Preeminent**, top rating for Labor & Employment Law, Martindale
- **Benchmark Litigation**, Labor & Employment
- **Best Lawyers in America**, Employment Law – Management
- **Best Lawyers in America**, Labor Law – Management
- **Best Lawyers in America**, Litigation – Labor and Employment
- **Chambers USA**, ranked in Labor & Employment
- **Super Lawyer**, Labor & Employment Law

Chris' combination of complementary experiences as Chief of the Oklahoma Attorney General's Office of Civil Rights Enforcement (OCRE) and as an HR director for one of Tulsa's largest unionized employers gives him unique and valuable insight on labor, employment, and employee relations issues.

While serving as Chief of the OCRE, Chris not only led a team of lawyers and investigators enforcing employment laws, but also fair housing laws. He also filed the State's first employment and housing discrimination enforcement actions that led to the successful recovery of relief for multiple victims of race and sex discrimination and harassment. He counsels and defends property owners in fair housing disputes, as well as employers in employment-related disputes.

Since 2016, Chris has served as an arbitrator on the American Arbitration Association's national panel of employment law arbitrators, and he arbitrates employment disputes around the country. Chris also has been retained as an expert witness to testify regarding best HR and employment practices.

Chris has been certified by the Society for Human Resources Management (SHRM) as a Senior Certified Professional (SHRM-SCP) and by the Human Resources Certification Institute (HRCI) as a Senior Professional in Human Resources (SPHR). He is a past Chairman of the Oklahoma Bar Association Labor and Employment Law Section; a past VP of Legal and Legislative Affairs for the Tulsa Area HR Association; a past VP of Programs for the Tulsa EEO Coordinators Association; and a former board member of the OBA's

### Chris Thrutchley

*Shareholder* | Tulsa

918.595.4810

[cthrutchley@gablelaw.com](mailto:cthrutchley@gablelaw.com)

#### SERVICES

- Litigation (State & Federal)
- Employment & Labor
- Alternative Dispute Resolution
- Government Relations

#### EDUCATION

- J.D., University of Tulsa College of Law, 1993
- B.A., Graceland University, 1989

#### ADMISSIONS

- Oklahoma
- U.S. District Courts for the Western, Northern and Eastern Districts of Oklahoma
- U.S. District Court for the Western District of Arkansas
- U.S. District Court for the Western District of Louisiana
- U.S. District Court for the District of New Mexico
- U.S. District Court for the Southern District of Ohio
- U.S. District Court for the Eastern District of Pennsylvania
- U.S. District Courts for the Northern District of Texas
- U.S. Circuit Court of Appeals for the Eighth Circuit
- U.S. Circuit Court of Appeals for the Tenth Circuit

#### PROFESSIONAL AFFILIATIONS

- American Inns of Court
- Oklahoma Bar Association
- Tulsa County Bar Association
- Inns of Court Hudson Hall Wheaton
- Tulsa Area HR Association
- Tulsa HR Compliance Association
- Society for Human Resource Management
- American Arbitration Association

# Chris Thrutchley, SPHR, SHRM-SCP

He is a frequently requested author and speaker on labor, employment, and HR topics and regularly provides training on compliance with all major labor and employment laws and on best employment practices for minimizing risk of costly liability. Representative training topics include:

- Effective Recruiting, Selection, and Hiring
- How to Discipline and Discharge without Fear of Claims
- Harassment Prevention Training
- Discrimination Prevention Training
- Successfully Navigating the ADA Interactive Accommodation Process
- What Every Supervisor Needs to Know About the ADA, FMLA, and Workers' Comp
- Avoiding Wage and Hour Claims
- Avoiding Unfair Labor Practice Charges
- Retaliation Prevention Training
- Complying with the Oklahoma Medical Marijuana Act

For over 25 years, Chris has served as a leader in the local men's group of Bible Study Fellowship. He also serves on the Board of Directors of Crossover Community Impact, whose mission is to restore and transform North Tulsa and promote racial reconciliation in Tulsa.

## RECOGNITION HIGHLIGHTS

- **Benchmark Litigation**  
Litigation Star, 2026  
Labor & Employment Star. 2020-2023
- **AV Preeminent**  
*Martindale-Hubbell Lawyer Ratings*  
*ALM Media*  
Top Rated Lawyer in  
Labor & Employment Law
- **Best Lawyers in America**, 2020 - 2026  
Labor Law - Management,  
Employment Law - Management - 2024  
Litigation - Labor and Employment
- **Chambers USA**, 2022-2026  
Oklahoma Ranked Individual -  
Labor & Employment (Band 2)
- **Super Lawyers**, 2023-2025  
Employment and Labor